

# Samaritan Counseling Center of West Texas, Inc.

## Client Intake Information

Thank you for choosing Samaritan Counseling Center of West Texas for your care. Please complete the following form entirely. This information will aid your therapist in your care. You may use the back of this form for any additional information you feel is important to communicate. Please fill out a form for each person who will participate in your session.

First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_ Last Name \_\_\_\_\_

Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_ Gender \_\_\_\_M\_\_\_\_F Soc Sec # \_\_\_\_/\_\_\_\_/\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ St. \_\_\_\_ Zip \_\_\_\_\_

Email Address \_\_\_\_\_ Mailing Address (if different from above) \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Which number is best to use in order to contact you and leave a message? \_\_\_\_\_

Name of Your Primary Care Physician \_\_\_\_\_ Psychiatrist \_\_\_\_\_

### Please complete the following information required by our grant funding:

Are you a military person: \_\_\_\_ Current Active Duty \_\_\_\_ Veteran \_\_\_\_ Family Member \_\_\_\_ No

If you are, have you or a family member been: \_\_\_\_\_ Previously deployed to Iraq/Afghanistan  
\_\_\_\_\_ Currently deployed to Iraq/Afghanistan

Your Ethnicity: \_\_\_\_ African-American \_\_\_\_ Asian \_\_\_\_ Caucasian \_\_\_\_ Hispanic/Latino(a) \_\_\_\_ Native-American  
\_\_\_\_ Other: \_\_\_\_\_

Annual Household Income \$ \_\_\_\_\_ Number living in your household \_\_\_\_\_

### INSURANCE Information – we will need a copy of your current card and ID.

Primary Insurance Co. \_\_\_\_\_ Member ID# \_\_\_\_\_ Group# \_\_\_\_\_

Policy Holder Name \_\_\_\_\_ Policy Holder Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Policy Holder Social Sec. # \_\_\_\_/\_\_\_\_/\_\_\_\_

Secondary Insurance Co. \_\_\_\_\_ Member ID# \_\_\_\_\_ Group# \_\_\_\_\_

Policy Holder Name \_\_\_\_\_ Policy Holder Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Policy Holder Social Sec. # \_\_\_\_/\_\_\_\_/\_\_\_\_

Will someone other than the client be responsible for the cost of the session? Yes No If yes, then who?

First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_ Last Name \_\_\_\_\_

Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_ Gender \_\_\_\_M\_\_\_\_F Soc Sec# \_\_\_\_/\_\_\_\_/\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ St. \_\_\_\_ Zip \_\_\_\_\_

**Insured or Responsible Party Signature:** I consent and I authorize the Samaritan Counseling Center of West Texas to release medical or other supporting information necessary to process my insurance claims and/or for the collection of payment for services from the above person/organization/company. I authorize payments of medical benefits to the Samaritan Counseling Center of West Texas. However, I understand I am responsible for all deductibles and co-pays. I understand that I will be responsible for 100% of my charges should insurance not compensate the Center for my sessions. All charges and co-pays are payable and due at the time of service.

Printed Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

## FAITH/SPIRITUALITY

Samaritan Counseling Center of West Texas is a faith-based organization and we believe that by including the client's faith as a part of the therapeutic process, therapy is enhanced. It is our philosophy to work within the faith framework of the client. The Center's therapists do not impose their personal beliefs upon clients; rather, they honor the client's right to choose their own belief system.

I chose Samaritan Counseling Center due to its faith-based perspective.

I would prefer not to complete the section below and do not want my spirituality to be addressed as a part of my discussions in therapy.

If you currently attend worship, which church/synagogue/temple do you attend? \_\_\_\_\_

How long have you attended there? \_\_\_\_\_

In your lifetime, how many years have you attended?  0-2 years  3-5 years  6-10 years  6-10 years  Over 10 years

In childhood, did you attend a church/synagogue/temple?  Yes  No

Have you been a part of other denominations in the past?  Yes  No

Please list those denominations: \_\_\_\_\_

Please check in faith/spiritual concerns you may have:

Spiritual hunger  Loss of faith  Faith differences with partner/family

Moral dilemma  Feelings of guilt  Inability to feel forgiveness/forgive

Religious doubts  Anger at God  Confusion about values

Painful religious history. Please Explain: \_\_\_\_\_

Others concerns: \_\_\_\_\_

Which of the following do you actively participate in or receive support from?

Personal prayer  Congregational support  Spiritual or Bible reading

Support from clergy  Spiritual direction  Small groups at church

Bible Study  Spiritual Disciplines: (please describe) \_\_\_\_\_

At your request, our therapists can include faith, values and spiritual concerns in the counseling process. Please check the items below that could add value to your therapeutic experience.

Pray at the beginning of sessions  Pray at the end of sessions

Use Biblical and/or faith examples  Recommend religious or spiritual readings

Recommend spiritual growth activities  Share personal faith perspectives when appropriate.

Other ideas for integrating faith into my therapy: \_\_\_\_\_

**ADULT PSYCHOSOCIAL HISTORY (18yo+)**

**Briefly describe the reason for seeking counseling at this time:**

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**CURRENT SYMPTOM CHECKLIST: Please mark all that apply for you occurring **in the past 2 weeks****

- |   |   |  |   |
|---|---|--|---|
| <input type="checkbox"/> Depressed Mood           | <input type="checkbox"/> Anxiety/ Nervousness   | <input type="checkbox"/> Not in touch with reality | <input type="checkbox"/> Isolation/Withdrawal |
| <input type="checkbox"/> Appetite Problems        | <input type="checkbox"/> Panic Attacks          | <input type="checkbox"/> Delusions                 | <input type="checkbox"/> Guilt                |
| <input type="checkbox"/> Sleeping too Much/Little | <input type="checkbox"/> Obsessions/Compulsions | <input type="checkbox"/> Hallucinations            | <input type="checkbox"/> Excessively Happy    |
| <input type="checkbox"/> Low Energy               | <input type="checkbox"/> Over Eating            | <input type="checkbox"/> Aggressive Behavior       | <input type="checkbox"/> Substance Abuse      |
| <input type="checkbox"/> Poor Concentration       | <input type="checkbox"/> Under Eating           | <input type="checkbox"/> Sexual Dysfunction        | <input type="checkbox"/> Past Issues          |
| <input type="checkbox"/> Mood Swings              | <input type="checkbox"/> Anorexia               | <input type="checkbox"/> Grief/Loss                | <input type="checkbox"/> Other: _____         |
| <input type="checkbox"/> Agitation                | <input type="checkbox"/> Paranoid Thoughts      | <input type="checkbox"/> Feeling Hopeless          |   |
| <input type="checkbox"/> Overly Emotional         | <input type="checkbox"/> Suicidal Thoughts      | <input type="checkbox"/> Feeling Worthless         |   |

**EMOTIONAL/PSYCHIATRIC HISTORY**

**Have you ever sought counseling before?**

No Yes If yes, when and where:

Prior provider name	Diagnosis	Intervention/Modality	Beneficial?
_____	_____	_____	_____
_____	_____	_____	_____

**Have you ever received inpatient treatment for a psychiatric, emotional, or substance use disorder?**

No Yes

If yes, on \_\_\_\_\_ occasions. Longest treatment at \_\_\_\_\_ from \_\_\_/\_\_\_/\_\_\_ to \_\_\_/\_\_\_/\_\_\_  
Name of facility Month/Year Month/Year

**Have you ever taken medication for a mental health or psychiatric issue? (Example: Anxiety, Depression, Bipolar, Schizophrenia...)**

No Yes If Yes: Please List Medication and Dosage, Frequency, and Side Effects for each.

- 1) \_\_\_\_\_ Start Date: \_\_\_\_\_ End Date \_\_\_\_\_  
 2) \_\_\_\_\_ Start Date: \_\_\_\_\_ End Date \_\_\_\_\_

**Is there any family history of psychiatric, emotional, or substance use disorders? If yes, who:** \_\_\_\_\_

**PERSONAL HISTORY: Please mark all that apply for YOU currently**

**Current Marital status:** **Intimate relationship:** **List all persons currently living in patient's household:**

- |  |   |       |       |       |                         |
|--|---|-------|-------|-------|-------------------------|
| <input type="checkbox"/> single, never married   | <input type="checkbox"/> never been in a serious relationship | Name  | Age   | Sex   | Relationship to patient |
| <input type="checkbox"/> engaged ___ months      | <input type="checkbox"/> not currently in relationship        | _____ | _____ | _____ | _____                   |
| <input type="checkbox"/> married for ___ years   | <input type="checkbox"/> currently in a serious relationship  | _____ | _____ | _____ | _____                   |
| <input type="checkbox"/> divorced for ___ years  |   | _____ | _____ | _____ | _____                   |
| <input type="checkbox"/> separated for ___ years |   | _____ | _____ | _____ | _____                   |

**Relationship Satisfaction:** **List children not living in same household as patient:**

- |  |   |       |       |       |       |
|--|---|-------|-------|-------|-------|
| <input type="checkbox"/> divorce in process ___ months | <input type="checkbox"/> very satisfied with relationship     | _____ | _____ | _____ | _____ |
| <input type="checkbox"/> live-in for ___ years         | <input type="checkbox"/> satisfied with relationship          | _____ | _____ | _____ | _____ |
| <input type="checkbox"/> ___ prior marriages (self)    | <input type="checkbox"/> somewhat satisfied with relationship | _____ | _____ | _____ | _____ |
| <input type="checkbox"/> ___ prior marriages (partner) | <input type="checkbox"/> dissatisfied with relationship       | _____ | _____ | _____ | _____ |
|  | <input type="checkbox"/> very dissatisfied with relationship  | _____ | _____ | _____ | _____ |

Frequency of visitation of above: \_\_\_\_\_

**MEDICAL HISTORY (check all that apply for client)**

**Describe your current physical health:**  Good  Fair  Poor

Primary Care Physician Name (if any): \_\_\_\_\_

Phone Number: \_\_\_\_\_

Psychiatrist Name (if any): \_\_\_\_\_

Phone Number: \_\_\_\_\_

List any medications currently being taken (give dosage & reason):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**SUBSTANCE USE HISTORY** (check all that apply for client)

Substances used (report for self):

(complete all that apply)	First usage	Last usage	Current Use (Yes/No)	Frequency	Amount
<input type="checkbox"/> alcohol	_____	_____	_____	_____	_____
<input type="checkbox"/> amphetamines/speed	_____	_____	_____	_____	_____
<input type="checkbox"/> barbiturates/downers	_____	_____	_____	_____	_____
<input type="checkbox"/> caffeine	_____	_____	_____	_____	_____
<input type="checkbox"/> cocaine	_____	_____	_____	_____	_____
<input type="checkbox"/> crack cocaine	_____	_____	_____	_____	_____
<input type="checkbox"/> hallucinogens (e.g., LSD)	_____	_____	_____	_____	_____
<input type="checkbox"/> inhalants (e.g., glue, gas)	_____	_____	_____	_____	_____
<input type="checkbox"/> marijuana or hashish	_____	_____	_____	_____	_____
<input type="checkbox"/> nicotine/cigarettes	_____	_____	_____	_____	_____
<input type="checkbox"/> PCP	_____	_____	_____	_____	_____
<input type="checkbox"/> prescription	_____	_____	_____	_____	_____
<input type="checkbox"/> other _____	_____	_____	_____	_____	_____

**Personal Drug/ Alcohol Treatment history:**

- Have you ever received outpatient treatment for drug/alcohol abuse?  Y  N If Yes, at what age(s)? \_\_\_\_\_
- Have you ever received inpatient treatment for drug/alcohol abuse?  Y  N If Yes, at what age(s)? \_\_\_\_\_
- Have you ever participated in a 12-step program?  Y  N If Yes, when? \_\_\_\_\_
- Is there a family history of drug/alcohol abuse?  Y  N If Yes, who? \_\_\_\_\_

**SOCIO-ECONOMIC HISTORY** (check all that apply for client)

**Living situation:**

- housing adequate
- homeless
- housing overcrowded
- dependent on others for housing
- housing dangerous/deteriorating
- living companions dysfunctional

**Social support system:**

- supportive network
- few friends
- substance-use-based friends
- no friends
- distant from family of origin

**Sexual history:**

- heterosexual orientation  currently sexually dissatisfied
  - homosexual orientation  age of first sexual experience \_\_\_\_\_
  - bisexual orientation  age first pregnancy/fatherhood \_\_\_\_\_
  - currently sexually active  history of promiscuity age \_\_\_ to \_\_\_
  - currently sexually satisfied  history of unsafe sex age \_\_\_ to \_\_\_\_\_
- Additional information: \_\_\_\_\_

**Military history:**

- never in military  served in military

**Employment:**

- employed and satisfied
- unemployed
- coworker conflicts
- supervisor conflicts
- employed but dissatisfied

**Legal history:**

- no legal problems  arrest(s) not substance-related  court ordered this treatment
- now on parole/probation  arrest(s) substance-related  jail/prison \_\_\_\_\_ time(s)

My Strengths: \_\_\_\_\_

My areas in need of improvement: \_\_\_\_\_